

# MPPN WORKSHOP

## DIABETES IN PRACTICE

Tuesday 17<sup>th</sup> September 2024 – 9:15am-4:30pm.  
The Hub, Walsall College, Littleton Street West, Walsall WS2 8ES



MIDLANDS  
PRACTICE  
PHARMACY  
NETWORK

### PROGRAMME

The day will be interactive with case studies and opportunities for questions throughout.

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|-----------------|--|
| 8:30 am         | Registration, coffee and networking  |
| 9:15 am         | Welcome and Introductions – Bharat Patel   |
| 9:30 am         | Comorbidities and complications of Type 2 diabetes – Prof Vinod Patel<br><i>Avoiding retinopathy, neuropathy, nephropathy, cerebrovascular events and cardiovascular events</i><br><br>Developing a person-centred care approach – Prof Vinod Patel<br><i>Information gathering through medical history, physical examination, target setting</i>  |
| 11:00 am        | Tea & coffee break   |
| 11:20 am        | The pharmacist-led diabetes clinic – Kavita Sharma<br><i>How to establish a clinic, non-pharmacological options (the pathway to diabetes remission and importance of patient education), case studies and management options</i>   |
| 12:45 – 1:30 pm | Lunch  |
| 1:30 pm         | Local resources and pharmacological management – Amelia Cook <ul style="list-style-type: none"><li>– <i>Using local population health data (including performance dashboards), support resources and templates</i></li><li>– <i>GLP-1 agonists: when to consider, how to start, review as per NICE</i></li><li>– <i>Insulin therapy: insulin profiles, insulin safety, sick day rules, how to titrate</i></li><li>– <i>Continuous glucose monitoring</i></li><li>– <i>Case studies</i></li></ul> |
| 3:00 pm         | Tea & coffee break   |
| 3:20 pm         | Local resources and pharmacological management (contd.)  |
| 4:20 pm         | Summing up, reflection on key learning points, putting theory into practice  |
| 4:30 pm         | End  |

Programme may be subject to change

# MPPN

## SPEAKERS

- Prof. Vinod Patel, Consultant Physician in Endocrinology and Diabetes at George Eliot Hospital, Warwickshire and Honorary Senior Lecturer in Medicine at the University of Warwick
- Amelia Cook, ACP and Diabetes Clinical Lead for the Black Country ICS
- Kavita Sharma, a Clinical Pharmacist and published author specialising in diabetes care in the West Midlands

## VENUE

The Hub, Walsall College, Littleton Street West, Walsall WS2 8ES  
(<https://www.walsallcollege.ac.uk/enterprises/the-hub/>)

## REGISTRATION

To register for this workshop please email Simon at [simon@pds-keele.co.uk](mailto:simon@pds-keele.co.uk).

## SPONSORS (TBC)

This workshop is sponsored by companies who have only paid for exhibition stand space at the meeting and therefore will be given the opportunity to discuss their products with attendees. Sponsors will be present with an exhibition stand and the stand will not be in a public space. None of the companies have had any input into the content of the programme, and no involvement in choosing, briefing or paying the speakers.